



Sternocleidomastoid
Trapezius

Deltoid
Pectoralis (Clavicular Portion)
Pectoralis Major
Triceps (Long Head)
Brachialis
Biceps

Latissimus Dorsi
Olecranon
Brachioradialis
Anconeus
Extensor Carpi Radialis
Extensor Communis Digitorum
External Oblique
Flexor Carpi Ulnaris
Extensor Carpi Ulnaris
Sacrospinalis

Gluteus Medius
Anterior Superior Iliac Spine

Gluteus Maximus
Great Trochanter

Semitendinosus

Vastus Lateralis
Biceps Femoris

Biceps Femoris (Short Head)
Head of the Fibula

Iliotibial Band
Quadriceps Tendon
Patella

Sternocleidomastoid (Clavicular Portion)

Serratus Anterior

Rectus Abdominis

Tensor Fasciae Latae

Rectus Femoris

Vastus Medialis

“Écorché, The Male Athlete, Muscles of the Trunk, Lateral View IV”

Humaniz Anatomicae